



Commuter Transit and Parking Services

Safety:

Rutgers-Newark and the Commuter Transit and Parking Services strongly recommend that all users wear bicycle helmets while riding the bicycles. Borrowers may use their own helmets or have one issued to them by the Parking Manager. Any borrower declining the use of a RU-N bike helmet must indicate that choice on the Bicycle Condition form and agrees that Rutgers University will be held harmless for their exercise of that prerogative. Persons using the RU-N issued helmets are to be reassured that the Commuter Transit and Parking Services does its level best to ensure that the helmets are kept clean and in a sanitary condition. However, it is the borrower that must be comfortable with the use of the helmet. Thus, we recommend that all users wear a head-scarf or equivalent in order to do their part in guaranteeing the maintenance of their personal health and hygiene.

Seven Smart Routes to Bicycle Safety:

- 1. Protect Your Head, Wear a Helmet** – All smart bikers wear a helmet. Never ride a bike without a properly fitted helmet.
- 2. Assure Bicycle Readiness. Ensure Proper Size and Function of Bicycle** – Select a bicycle that fits you, size does matter. Stand over the top of your bicycle, there should be 1 -2 inches of clearance between you and the tube (bar) or 5 inches if you're riding a mountain bike.
- 3. Ride Wisely. Learn and Follow the Rules of the Road.** – Bicyclists are considered vehicles on the road and must follow traffic laws that apply to motor vehicles.
- 4. Be Predictable and Act Like a Driver of a Vehicle.** – Always ride with the flow of traffic on the correct side of the road and as far to the right as is practicable and safe.
- 5. Be Visible, See and Be Seen at All Times.** – A cyclist should always assume that they are not seen by others. It is a cyclist's responsibility to be visible to motorists, pedestrians and others cyclists. Wear neon and fluorescent colors and install reflectors on both front and back of bicycle.
- 6. "Drive" with care. Share the Road.** – When you ride, consider yourself the driver of a vehicle and always keep safety in mind. Ride in the bike lane if available.
- 7. Stay focused and Alert.** – Never wear headphones they hinder your ability to hear traffic. Never use a cellphone while riding.